



FREDERICK COUNTY PARKS AND RECREATION

FRIDAY NIGHT REC

A social program for individuals aged 16 years and older
with Intellectual and Developmental Disabilities.

Fall Session 2 begins Friday, Oct 29th, 2021.

6:30-8:30pm, Locations Vary

Registration Fee: \$25.00 | Caregivers/Aids will have to pay any applicable
entrance fees.

- Oct 29th** Zumba at Ballenger Creek Community Center. Dress up and dance the night away with friends. A healthy snack will be provided. **Please do not bring a friend.**
- Nov 5th** Game Night and Campfire Cooking at Fountain Rock Park. Join us for a games and outdoor fun while toasting up a tasty treat. Don't forget to bring a chair to sit by the fire.
- Nov 12th** Music and Rhythm at Scott Key Community Center. Join us for a night of drumming and strumming as we create our own music and enjoy some current favorites.
- Nov 19th** No Session
- Nov 26th** No Session -Happy Thanksgiving-
- Dec 3rd** It's Winter Science at Scott Key Community Center. We will be experimenting with some fun and festive science demonstrations.
- Dec 10th** Holiday Craft at Scott Key Community Center. Join us for a seasonal craft night. Create a gift for a friend or yourself. A healthy snack will be provided.
- Dec 17th** Urbana vs. Tuscarora Varsity Basketball Game at Urbana High School. Come cheer on the Urbana Hawks as they take on the Tuscarora Titans from 7:00- 8:30pm. Meet at Urbana HS at 6:30 for tickets and seating. Bring extra money for food.

Enhanced Policies and Procedures

In order to keep everyone as safe and healthy as possible, we have updated some of our policies and procedures. Here are some important points to know:

- **ADVANCED REGISTRATION is REQUIRED** for this program (online or over the phone). **No registrations will be accepted at the door.** There are a limited number of spots available.
- **No drop-ins will be allowed.**
- You must bring a face covering with you.
- All CDC, State of MD, and Frederick County Government guidelines will be followed.



Inclement Weather Line
301-600-6291



Thank you for your interest in the Friday Night Rec Program. Below you will find the participant code of conduct and activity locations for Fall 2021. If you have any questions about the schedule and/or program, please contact Rachel Warner at 301-600-2199 or rwarner@frederickcountymd.gov.



Locations

Ballenger Creek Community Building

5420 Ballenger Creek Pike
Frederick, MD 21703

Scott Key Community Center

1050 Rocky Springs Road,
Frederick, MD 21702

Urbana High School

3471 Campus Drive
Ijamsville, MD 21754

Fountain Rock Park

8511 Nature Center Place
Walkersville, MD 21793.

Participant Code of Conduct

It is the goal of the Friday Night Rec program for all participants to have an opportunity for a safe and enjoyable experience while taking part in our programs. In order to assure all participants understand the behavior expected, the following code of conduct has been developed. Failure to follow the code of conduct may result in verbal and/or written warning, removal from activities and/or suspension from future activities after repetitive violations. If you observe behaviors that could be considered inappropriate, please report it to the program director.

1. Be respectful to peers, staff, volunteers and public.
2. Listen and follow all direction from staff and volunteers.
3. Stay with your assigned group and leader.
4. Keep your hands to yourself.
5. Use friendly language and refrain from using inappropriate language or tones of voice.
6. Use equipment and supplies appropriately.
7. Failure to comply with these rules may result in suspension from the program.

8. If you get a ride to the program, you will need to get a ride home.

9. Please arrive at time listed on schedule.

