

IMPORTANT THINGS TO KNOW - COVID-19



PLEASE NOTE: As our understanding of COVID-19 and best practices changes, so might the information in this guide. We'll keep parents as up to date as possible with changes.

Some important things to keep in mind as you are participating in programs:

- FCPR is maintaining small groups and class sizes.
- Each participant, parent/guardian, and visitor over the age of 2 will need to bring a mask to and will be required to wear a mask inside any county building and facility. The only exception would be if participants actively engaged, such as participating in an adult fitness class, a league game, and/or an adult drop-in. Masking will still be required on the sidelines, in benched areas, or when participants are not actively engaged.
- We are encouraging staff and participants to self-screen prior to arrival at programs.
 - Please review this list of COVID-19 symptoms prior to leaving for programs.
 - You/your child have not tested positive for COVID-19 in the last 10 days, or in the last 10 days had any close and prolonged contact (*within 6 feet for 15 minutes or greater) with anyone who is either a confirmed or probable case of COVID-19.
 - You/your child is not currently experiencing or displaying, and your child has not in the last 10 days experienced any ONE of the following COVID-19 symptoms:
 - Fever of 100.4 degrees Fahrenheit (38 Celsius) or higher
 - Sore throat
 - Cough
 - Difficulty breathing
 - Diarrhea or vomiting
 - New onset of severe headache
 - New loss of taste or smell
- Staff and participants will wash hands with soap and water, or use alcohol based hand sanitizer before and after eating, drinking, touching eyes/nose/mouth, toileting, and any time there is any physical contact with materials (i.e. sports equipment, craft materials, shared spaces).
- High-contact areas and surfaces (i.e. counters, sports equipment, telephones, doorknobs, etc.) will be cleaned and disinfected frequently.

POSSIBLE EXPOSURE: Administration will implement risk assessment strategies and communicate quickly and openly to parents in the event of any suspected or confirmed exposure to COVID-19. In the situation of a confirmed positive COVID-19 case we will contact local health officials and follow their guidance on next steps.

We hope this guide has been helpful! If you have additional questions or concerns, please contact our main office at parksandrecreation@frederickcountymd.gov. Thank you for your support! - Frederick County Parks and Recreation