

JUNIORS SOCCER LEAGUE **AGES 9-11**



Rules of Play Adapted for FCPR from US Youth Soccer

Field of Play: dimensions are appropriate for the movement capabilities of 9-11 year-old children.

Field Markings: each park field may be different but all fields are appropriately sized for U12

Goals: the goals are 6 x 18 feet

Ball: must be a size four for game play.

Player Attire: all players must wear shin guards; Cleats are recommended. Team shirts will be provided prior to the first game.

Number of Players: coaches should strive for 6 versus 6.(5 players and 1 goalie) Administrators, coaches and referees should be encouraged to allow players from the team with sufficient numbers to 'loan' a player or two to the team that is short players and then PLAY.

The Referee: Parks and Recreation staff will referee the games.

Penalties: No slide tackles; All penalties result in indirect kick: Ball cannot be scored on an indirect kick. Ball must touch another player first.

Parent Assistants: parents can be used to assist timekeeping, scorekeeping, and as linesmen, but are not permitted on the field. - Only head coaches

Duration of the Match: games shall begin at the scheduled time. There will be 20 minute halves, with running clock for both. The half-time break shall be approximately five (5) minutes. Once game is completed, all players and coaches must leave the field immediately to allow for next scheduled game Headers: Headers will not be practiced. In games, headers need to be unintentional. If a header does occur please encourage the player to use their body in future attempts.

Throw-Ins: any ball traveling out of bounds on either sideline will result in a throw-in Goal Scored: To start each half, and after goals, the ball will be brought back to midfield for a kickoff by the appropriate team.

Corner/Goal Kicks: any ball traveling behind the goal will result in either a goal kick (if last played by an offensive player) or a corner kick (if last played by a defensive player). The distance the defending players must be away from the ball until it is kicked is the same as the radius of the center circle.

Roster Size: Recommended minimum – 8 players / maximum – 12players

Playing Time/Subbing: A min. of at least 50% playing time is required—Subs at any play stoppage

Lopsided rule: Winning team needs to remove 1 player if winning team gets ahead by 4 goals. If the lead increases to 6 goals then the coaches will need to communicate on the best action to take (removing goalie, 6 passes before shooting etc.)

Scores / Standings: Scores will be submitted by coaches. Both coaches will have till 12pm on the Monday following the game to text or email score to league director. Standings on FCPR Website Sportsmanship: Unsportsmanlike conduct from coaches, players, or spectators will not be tolerated, and should be immediately reported to the league director. Violators could face suspension

> Cancellation Line Info: If the weather is questionable, please call 301-600-6291 (option 2). This line will be updated if there are any cancelations. A Standard greeting means practices/games are on

If a practice date happens to be rained out it will be not be made-up.

Game rainouts will be re-scheduled on a Saturdav at the end of the season

*All players will receive recognition at the completion of a terrific season!

