



VARSITY SOCCER LEAGUE

AGES 11-14



League Coordinator: Phil Kefauver; 301-600-1778; pkefauver@frederickcountymd.gov

Rules of Play *Adapted for FCPR from US Youth Soccer*

Field of Play: 60ydX40yd (JV field for this season)

Field Markings: each park field may be different but all fields are appropriately sized for U15 play.

Goals: the goal is 6 x 18 feet.

Ball: must be a size five for game play.

Player Attire: all players must wear shin guards; Cleats are recommended. Team shirts will be provided prior to the first game.

Number of Players: 7v7

The Referee: This league will be using referee's.

Parent Assistants: Parents can be used to assist officiating and as linesmen, **but are not permitted on the field.**

Sidelines: Players and Coaches will be on the opposite side of the field of the spectators.

Duration of the Match: games shall begin at the scheduled time. There will be 20 minute halves, with running clock for both. The half-time break shall be approximately 5 minutes. Once game is completed, all players and coaches must leave the field immediately to allow for next scheduled game

Throw-Ins: any ball traveling out of bounds on either sideline will result in a **throw-in**

Goal Scored: To start each half, and after goals, the ball will be brought back to midfield for a kickoff by the appropriate team.

Headers: Headers can only be practiced 30 minutes a week. Headers can occur intentionally in games.

Slide Tackles: Slide tackling will be not be allowed.

Offside: Offsides will be called at the referee's discretion.

Corner/Goal Kicks: any ball traveling behind the goal will result in either a goal kick (if last played by an offensive player) or a corner kick (if last played by a defensive player). The distance the defending players must be away from the ball until it is kicked is the same as the radius of the center circle.

Roster Size: Recommended minimum – 12 players / maximum – 13 players

*** All players on the field must be registered and on the roster. Any violators of this will be reprimanded by the FCPR committee.***

Playing Time: there shall be unlimited substitutions, which may occur on the fly. A minimum of at least 50% playing time is required.

Scores / Standings: Scores and standings will need to be reported to the league director

Sportsmanship: Unsportsmanlike conduct from coaches, players, or spectators will not be tolerated, and should be immediately reported to the league director. Violators could face suspension from Frederick County Parks and Recreation programs.

***The League Director reserves the right to make final determination on any rules or interpreta-**



Cancellation Line Info: If the weather is questionable, please call 301-600-6291 (option 2). This line will be updated if there are any cancelations. A Standard greeting means practices/games are on

If a practice date happens to be rained out it will be not be made-up.

Game rainouts will be re-scheduled on a Saturday at the end of the season

